



# "ANNUS" LIFE BALANCE MASSAGE

## Full body and foot massage

	HUF	EUR	USD
60'	12,500.-	25.-	35.-
30'	6,500.-	50.-	70.-

The aim of this massage is to make walking easier, re-establish stable posture and activate self-healing mechanisms. The Massage includes all European massage techniques, enhances blood circulation, improves digestion, and alleviates pain.

**Recommended for:** Harmonization of the function of the circulatory, lymphatic and digestive system

**Strength: 3/5**

## Oriental massage

60'	11,500.-	25.-	30.-
30'	6,000.-	45.-	60.-

The aim of this massage is to restore correct posture, rebalance the asymmetric and therefore disharmonic human body. Using massage along the meridian system activates the self-healing forces and promotes healing of existing problems.

**Recommended for:** Spinal problems, prevention and treatment of musculoskeletal problems.

**Strength: 4/5**

## Annus Life Balance Massage

60'	9,000.-	35.-	25.-
30'	4,500.-	20.-	50.-

The aim of this massage is to move every slipped joint back to its proper position, correct asymmetry by using manipulations integrated into the massage techniques, prevent premature wear of the joints and bones.

**Recommended for:**

Spinal diseases, pinched nerve, lower back pain, lumbago and rehabilitation of orthopedic problems.

**Strength: 5/5**

## Refreshing and relaxing massage

60'	8,500.-	35.-	25.-
30'	4,500.-	20.-	50.-

The aim of this massage is to refresh and relax body circulation. This massage refreshes and improves blood circulation and general health condition.

**Recommended for:** Those who wish to feel completely refreshed after a tiring day or week.

**Strength: 2/5**

**+36-30-87-161-87**  
**www.annusmasszazs.hu**